

“Like a city whose walls are broken down is a man who lacks self-control.”

(Proverbs 25: 28)



Can you imagine a man driving a car without break. The driver cannot control the car and it may hit any thing or any person. It may also cause the driver to go into the wrong way. It lacks precision, and it may crush at any moment.

The city with a broken wall is a city with out protection; thieves and robbers may attack it over the night. This makes it weak, exposed to any enemy or destruction

Any person who lacks self-control will be exposed to similar situations that we spoke above. Imagine what will happen to a man with a hot temper who cannot clear his mind and heart from evil thoughts; a man who cannot control his tongue from saying evil; a man who cannot hold himself from strife and fight; a man who cannot control himself from over-eating, from smoking and debauchery. A man who lacks self-

control cannot control his lust and cannot control himself from doing immoral acts.

As a result, the man who lacks self-control will be exposed to unlovely situations and embarrassment; he will be a victim to the enemy. He is a weak person frequently attacked by Satan.

What is the solution? Self-control is the fruit of the Holy Spirit of God. You receive self-control when you receive Jesus as Saviour and Lord and when you follow Him through all your life.



MY PRAYER

Father God, I come to You in the name of Jesus who died for me on the cross. Cleanse me Lord from my sin, clear my heart and mind from evil thoughts and schemes. Change my unhealthy attitude. Renew me and fill me by Your Holy Spirit. Give me patience and self-control to over come my wrong behaviour, and so that I will shine and be a light for others. This is my prayer in Jesus' name, Amen.



“Blessed is the man who finds wisdom, the man who gains understanding, for she is more profitable than silver and yields better return than gold.”

(Proverbs 3: 13-14)

The Lord Is My Shepherd

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“A patient man has great understanding, but a quick-tempered man displays folly.”

(Proverbs 14: 29)